



GILMORE CANTEEN MENU - SEMESTER 2, 2022

Opening Hours: Wednesday, Thursday and Friday - Recess (11:00am) and Lunch (1:20pm)

Placing an order: Name, Class and Order on paper bag (available from front office for 10c), lunch bag or envelope.
Orders required in letterbox at front office by 9:00am please.

The Gilmore Canteen is a nut free service. If your child has an allergy please note it on their order.

SANDWICHES, WRAPS & BURGERS		DRINKS	
Salad*	\$5.00	Plain Milk*	\$2.00
Lettuce, tomato, carrot, cucumber, cheese		250ml Hi-Lo	
Cheese & tomato*	\$4.00	Moove Milk	\$2.00
Ham, cheese & tomato	\$5.00	Strawberry* or Chocolate*	
Ham & cheese	\$4.50	Bottled Water*	\$1.00
Cheese	\$3.50	Hot Milo*	\$1.00
Toasted	add 50c	In a cup to warm the belly, hands & heart	
Chicken Burger/Wrap	\$6.50	Milo Shake	\$2.00
Hot chicken pattie with salad & mayo		Bottle of milk & a bag of milo	
		Fruit Box	\$1.50
		Orange, Apple Blackcurrant (ABC), Tropical	
HOT FOOD		FRUIT, SNACKS & OTHER	
Bolognese Pasta*	\$5.50	Watermelon Slice*	30c
Handmade goodness that meets the healthy guideline requirements		Orange Pops*	50c
Vegetarian Pasta*	\$5.50	A thick slice of juicy orange on a stick	
Minus the animal protein and meets the healthy guideline requirements		Fruit Skewers*	\$1.00
Mac N Cheese	\$5.50	Everything tastes better on a stick	
If we could make it this good, we would		Apple Slinky*	\$1.00
Hash Brown	\$1.00	Ticks all the boxes: cored, sliced and fun to eat	
Great on its own or take a sandwich, burger or wrap to the next level		Seasonal Fruit Salad	Large* \$5.00 Small* \$3.00
Sausage Roll	\$4.50	Cheesy Toast (Recess Only)	50c
Pie	\$4.50	Grilled cheese on a half piece of toast	
Noodle Cups	\$2.50	Chocolate Brownie	\$1.00
Chicken or Beef with or without the veg		Contains sweet potato. So good it has its own fan club.	
Chicken Dinos	Per piece 80c	ANZAC Biscuit	70c
3 Pack	\$2.40	An aussie favourite	
6 Pack	\$4.80	Pikelet	30c
		Made fresh daily & served plain or with a dab of margarine	
		Sauce	50c
		Tomato or BBQ	
		Paper Bag	20c
FROZEN TREATS			
Frozen Milk Cup	\$1.00	Quelch Fruit Juice Tube	80c
Chocolate*, Strawberry*, Milo		Apple, Orange, Mango, Pineapple, Tropical, Raspberry	
Bulla Frozen Yoghurt	\$2.00	Frozen Juice Cup	\$1.00
Strawberry & Vanilla / Mango & Watermelon		Orange or ABC	

The * denotes a green option in accordance with the National Healthy School Canteen Guidelines. The menu is formulated to ensure nutritious and appealing foods are available for the school community to access and enjoy at an affordable price.

The canteen is a non-profit service to support the wellbeing of the school community by the Gilmore P&C Association.

Canteen Manager - Jana Cunanan 0417 286 623

Volunteers are always welcome. To find out more, email the P&C at gilmorepandc@gmail.com