



**Gilmore Primary School**  
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## **Robin Klein Camp Cooba 2018 – Final Information**

Dear Parents/Carers,

As we prepare to leave for camp in two short weeks, please ensure all permission forms and final payments have been made prior to our departure. Please find attached departure and arrival times, and a detailed 'what to pack' list.

Camp details are as follows:

**DATES:** Wednesday 31 October: Students must arrive to Gilmore Primary at 7:50am

*(Parents needing to hand over medication must be at school by 7:40am)*

**DEPART 8:30am** from Gilmore Primary School to Cooba Sport & Education Centre

**RETURN 3:00 pm** (approximately) to Gilmore Primary School, on Friday 2 November

*If the return time is delayed a message will be posted on the Facebook page*

**VENUE:** Cooba Sport and Education Centre

**FOOD:** Packed recess and lunch for the first day including water bottle

**TRANSPORT:** Bus

**TOTAL COST:** \$249.30 **(must be paid in full before departure unless otherwise arranged with our business manager or principal)**

Thank you,

*Alyssa Owen*

Alyssa Owen  
Executive Teacher  
17 October 2018

## WHAT TO BRING

### 1) GENERAL ITEMS FOR ALL STUDENTS TO BRING

#### Essential:

- Linen - 2 sheets (or sleeping bag), pillowslip & towel
- General Clothing - You need to bring the usual items - underwear, socks, shirts, pants etc. Ensure you have enough sets of clothes for the number of days away - always ensure you have an extra set if one gets wet. The secret to clothes in the mountains - Get warm and then stop the wind - Put on warm layers of clothes and then stop the wind with a wind proof jacket. - you will only have your hire jacket for the days skiing.
- Toiletries: toothbrush, toothpaste, hairbrush, insect repellent (no aerosol), deodorant, soap/shampoo
- Waterproof jacket if forecast is for rain.
- Shoes - comfortable shoes - at least 2 pairs in case one gets wet.
- 2 PLASTIC BAGS - 1 for dirty clothes, 1 for dirty or wet clothes (especially if doing the Assault course)

### 2) OUTDOOR PURSUITS GENERALLY

Include the appropriate clothing for the activities being undertaken. It is a good chance they will get dirty. Most clothing is common sense but be **sure to include the following for ALL activities:** -

- Sun Cream - SPF 30+ you can burn very badly in the snow and the mountain area. This is an essential item. It is also suggested that a Lip Gloss or something similar be taken.
- Warm clothing - layers are best - singlet, shirt, jumper, jacket.
- Good footwear - comfortable sport shoes that are well worn in - new shoes can be a danger.
- Windproof Jacket - stopping the wind is essential.
- Hat and/or beanie - depending on the weather, stopping the sun or the heat loss is very important.
- A Water Bottle that does not leak!

#### Assault Team Course

Students **will** get wet, cold and disgustingly dirty. They will need:

- Very old clothing and shoes - the clothes will get muddy, wet and be thrown into a bag to take home to lucky parents to wash - Shoes must be able to be done up. (The type of OLD that means they are able to be thrown out if necessary).
- A good non-leak plastic bag to throw clothes in and tie up till they get home.
- Swimmers are needed and **MUST** be worn under the old clothing.
- The usuals - warm clothes - towel - Hat -etc.

#### Gladiator Course & Survivor

Students **will** get wet & must wear shoes. They will need:

- Shoes that can get wet
- Clothes that can get wet and a change of dry clothes and shoes
- Towel to dry yourself

**Please note:** As some activities require contact for harnesses and support we recommend shoulders be covered and longer trousers/shorts be worn.

**Please do not bring any jewellery, watches, money or any digital equipment such as phone, ipads, tablets or cameras.**

**All items should be labelled clearly!**