



Gilmore Gazette



Gilmore Primary School
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ACT
Government
Education and Training

We are a nut free zone and a Sunsmart school

Principal Andrew Geering Deputy: Vicki Lucas
P&C President Donna Boxall M: 0402 790 089 matt-donna@bigpond.com Canteen (Wed – Fri) Rachael McCann M 0400 868 589
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Term 3 Week 9 17 September 2014

Photos of the week: From 'A Swag of Tales' performance



WHAT'S HAPPENING

| | |
|---------------|--|
| 17 September: | Year 6 Sports Expo @ CCS-Senior Campus |
| 19 September | BillyG fundraising orders due back Uniform shop open 2:45 – 3:15 |
| 22 September | School Photos – K- 6 and Dolphins 9am |
| 24 September | Assembly DMG 2pm |
| 24 September | Learning Journey 3 – 5 pm |
| 26 September | School Photos – Seahorses 9am Special lunch order @ canteen Out of school uniform 'charity fundraiser' |
| 13 October | First day of Term 4 |

NOTES TO BE RETURNED

School Photo permission
School Photo order envelopes

Radio GPS

Be in the know

Gilmore Primary's own radio station
Keep up to date on school events and news

Access via Facebook or

<http://www.spreaker.com/user/radio.gps>



Student Banking Every Thursday

TERM DATES 2014

Term 1 31 Jan to 11 April
Term 2 28 April to 4 July
Term 3 21 July to 26 Sept
Term 4 13 Oct to 17 Dec

Direct deposit details
Gilmore Primary School
Direct Deposit Westpac
BSB: 032 777



No hat – Play in the shade

Principal's Message

Dear Parents

Congratulations to the students, staff and parents who have been involved this term in the "Back to Basics" cooking classes after school. They have certainly been whipping up a storm each Tuesday afternoon in the kitchen. For the parents, they have no doubt enjoyed seeing their children preparing the food and serving it to them for a change. The students have learnt much from preparing a wide variety of meal options and now have the skills and a terrific recipe book to cook up a storm as well. You never know, perhaps there is a future Michelin Award winning chef in our midst.

The program will run again next term.

Whilst it is currently supported by the ACT Health Directorate, we are looking for funding to continue the program in 2015.

Dame Mary Gilmore Assembly

The Dame Mary Gilmore Writing Competition has been run each year since the school first opened. It is a great way to acknowledge Dame Mary Gilmore accomplishments and also celebrate our students' writing achievements.

We welcome on board and publicly thank the Independent Property Group from Tuggeranong who have provided a generous donation which will be used to purchase the many book prizes that individual winners receive at the DMG Assembly being held next Wednesday 24 September, 2:00 pm in May Gibbs.



Learning Journey

Parents and family members are invited to visit classrooms for our annual Learning Journey following the DMG Assembly next Wednesday 24 September. Classrooms across the school will be open for visitors from 3:00 to 4:30 pm with the school closing up at 5:00 pm.

Upcoming happenings:

- 17 September: Year 6 Sports Expo @ CCS-Senior Campus
- 22 September: School Photos
- 24 September: DMG Assembly – 2:00 pm;
Learning Journey – Starts - 3:00, Finishes -5:00 pm.
- 26 September: End of Term 3. 'Out of Uniform' charity fundraiser
- 13 October: Term 4 starts
- 17 December: Last day 2014 school year.

At school – on time – in uniform – in class ready to learn

Congratulations to our Week Eight winners: Erin, Oliver, Kalolo, Taylah, Natalia, Baden, Shayla, Tahlia, Mitchell, Chantelle, Luke, Dakota, Alyssa, Bella, Kaleb, Joel, Dylan, Keira.



NO HAT – PLAY IN THE SHADE. Please make sure that your children bring a broad brimmed or bucket hat to wear at school each day. Caps are not suitable headwear at school as they provide no protection from the sun to the ears, neck area, or the cheek area of the face.

Planning for 2015

It may seem a long way away but planning is already underway for the 2015 school year. A 'request for Class Placement' form has been distributed with this newsletter. It would be greatly appreciated if parents of Preschool to Year 5 students could please complete and return by no later than Friday 7 November 2014.

A gold coin donation to come 'Out of Uniform' on Friday 26 September 2014.

Our senior students have organised a number of 'Out of Uniform / Gold Coin Donation' days this year in support of charities which are active in our local area.

On Friday 26 September students can make a gold coin donation in exchange for the privilege of coming to school 'Out of Uniform.' Sensible casual clothes (NO sleeveless tops or open shoes) thanks.

All money raised will go to supporting Kidney Health Australia.



Don't forget your SOCs?

Our P & C is actively engaged in the SOCs fundraising activity which brings benefits (through discount vouchers) to you. Don't forget to, where possible, support the businesses which are supporting your P & C (in turn supporting YOUR children through providing additional resources for them to use at school)

A new SOCs voucher sheet was distributed last week. Additional copies can be obtained at the front office.

How parents can prevent and deal with bullying

By Sheryl Hemphill (Professor of Psychology at Australian Catholic University)

Parents can help prevent bullying in the way they model acceptable behaviour and problem solving.

Parents are one of the most influential factors when talking about bullying - in that they are the most likely to be able to prevent it. The way parents model appropriate interactions and communication to their children (for example, resolve disagreements, be assertive when appropriate) will impact on how their children interact with others - at school, online, or in the workplace.

In particular, children learn about interacting with others through their observations of others (for example how their parents treat one another and other family members). Parents should aim for an authoritative parenting style: one that includes showing love and care towards a child, gives a child an appropriate level of independence for their age, and also sets clear rules and consequences for inappropriate behaviour.

Parents can help children to develop empathy and learn to take the perspective of another by talking with their children about how others might feel when they behave in certain ways and how they feel given certain behaviours by others.

Providing children with opportunities to play with other children and learn how to do so in social ways under the supervision of parents, give children the chance to practice interacting in socially acceptable ways from an early age.

But how can the parents know what goes on at school?

Despite our best efforts to prevent bullying, it may still occur and parents need to know what to do in situations where their child is bullying others or being bullied by others. Parents should be aware of signs that their children may be bullying someone. This comes down to knowing your child well and detecting changes in behaviour. This includes changes in demeanour, and more obvious signs such as acquisition of money or expensive possessions.

Alternatively, another parent, child, or school staff member may alert a parent that their child is bullying others. In situations where a child is bullying others, parents need to focus on the behaviour (and avoid labelling their child) as behaviours can be changed.

Important steps are for parents to find out from their child's perspective what has been happening and why s/he may be bullying others. Parents also need to clearly explain that such behaviour is not acceptable and discuss with their children appropriate ways of behaving. In general, punishment is not effective because it does not teach the child alternative ways of behaving.

It is a good idea for parents to seek advice and help from others who may be able to assist the child to learn new ways of interacting as early as possible. Parents may like to talk with a trusted friend or family member, their GP, the school principal or welfare coordinator, or search for information from reliable sources on the internet such as the Raising Children Network and National Centre Against Bullying.

For parents who are concerned that their children are being bullied by others, communication with their children is crucial. Ensuring that there are open lines of communication makes it more likely a child will talk with a parent about being bullied. Parents should listen to their child's experiences and then discuss possible

solutions with him/her.

It is important that parents convey to their children that they are taking what the children say seriously, that bullying is not okay, and that there are solutions available. Consistent with the approaches mentioned for preventing bullying, parents need to ensure that any solutions explored are socially acceptable and do not escalate the situation (for example, fighting back).

Cyberbullying

Bullying using technology (or cyberbullying) presents new challenges for parents. Given rapidly changing technologies, it can be difficult for parents to keep up with how to use the technology their children are using. However, monitoring a child's behaviour is an important way of ensuring that their behaviour does not get out of hand.

Monitoring that is focused on keeping children safe and ensuring acceptable behaviour is good parenting. Parents need to take an interest in the technology and sites their children are using. As for the offline environment, parents need to set ground rules for behaviour online. And just as parents teach children how to stay safe in the offline world ("don't talk to strangers", "look both ways when you cross the road"), children also need to learn how to stay safe in the online world for situations when parents are not present.

A really important message for all parents is that as children grow up and enter adolescence and early adulthood, they still need and value their parents - although it may not always seem to be the case! It is therefore important that children, regardless of their age, can access their parents when situations such as being bullied or bullying others arise and know that they can rely on their parents to help them to resolve the situation. Finally, parents should not be expected to handle bullying on their own – they may need to work with their children's friends and their parents, the school, a social networking site, or seek assistance from appropriate support and health services.

Andrew Geering
Principal
Gilmore Primary School

Pamela Allen Unit



Program:



This week we looked at smell as part of our study of the body. We read an information book about smelling and then played a game where we had to guess what a range of smells were. Mrs McGuire began looking at spring and we made some wattle pictures.



We are exploring the concept of author and illustrator and began looking at books by Colin West. We read "Pardon" said the Giraffe'.

Dress Up Day:

To celebrate the end of Term we will be having a dress up day in week 10. These will be held on Tuesday 23rd September for the Dolphins and Thursday 25th September for the Seahorses. Can the children come dressed as something that begins with same letter as their name e.g. Kim the Karate Kid. We will be looking at healthy eating in the next two weeks of our program so if families could provide a plate of healthy lunch to share on the day (fruit platter, biscuits and dip, mini quiches, sandwiches). Please see the note for further details.

SOS

We still need some helpers to assist in the making of the end of year mementos of a stuffed Dolphin or Seahorse. Please put your name on the board if you can help. We will not be able to proceed with this if we do not get enough helpers.

Reminders:

School photos are on:

Dolphins Monday 22nd September **9am**

Seahorses Friday 26th September **9am**

A reminder to try and return library books each week. A few children have had books for several weeks. Library days are Tuesdays for the Dolphins and Fridays for the Seahorses. Please check for school books at home.

Your Partners in Education

Kim, Kylie, Antonia, Leah, Dee and Zuzette

D & C News

[COOKIE DOUGH FUNDRAISER - Due Friday 19 September, orders delivered after the school holidays.](#)

WINE FUNDRAISER – Order forms out now!

AVON ORDERS – don't forget to check out the catalogues at the office

TREASURER REQUIRED – we are still seeking assistance for this important role within the committee – please contact Donna if you are interested.

UNIFORM SHOP - next open Friday 19 September 2:45 to 3:15

FETE NEWS – Information coming out in Term 4 – Help – Ideas – Donations - Stay tuned!

Thank you for your support



Canteen News

Roster

| | | | |
|------|------|-----|-------|
| Thu | Fri | Wed | Thurs |
| HELP | HELP | | HELP |

Don't forget the special lunch order for last day of term – This is the only lunch order available on the day.

Thank you for your support, Rachael

SCHOOL PHOTOS INFORMATION

MSP are our school photographer this year.
Please have your photo orders back for photo day. Orders and payments can be made online.



A discount applies for families with 3 or more children. After purchasing Individual Packs for EACH child a Siblings presentation pack of your choice will be free.

Only children who present a Siblings Presentation order form to the photographer on photo day will have their Family/Siblings photo taken. Envelopes are available at the school Office – So please if you would like a siblings photo come in and collect an envelope to order otherwise one will NOT be taken. Thank you

We have spare envelopes for those that need to order two sets of their child/rens photos, please call into the front office and collect. Thank you

Do you like reading?

Did you know you can buy cheap previously owned books for as little as 50 cents?

Lifeline SPRING BOOK FAIR

- WHEN?
- Friday 19 September 9am - 6pm
- Saturday 20 September 9am - 5pm (**Family Day**)
- Sunday 21 September 10am - 4pm

WHERE? Budawang Building
Exhibition Park
Flemington Road, Mitchell

WHAT? Our full range of books, magazines, games, jigsaws, comics, maps, records, CDs and DVDs.

The Collectors Room is located in the Budawang Conference Centre, holds all the rare, valuable and fragile items. [Click here](#) for more information.

Entry to the Lifeline Canberra Book fair is by gold coin donation.

You can pay for your purchases with cash, cheque, credit card (MasterCard or Visa) or EFTPOS.

Have we got your up to date contact information?



It is important that you advise the front office of any changes to personal details or emergency contacts.

This includes changes to your email, the gazette, updates and reminders are sent out via email.

Current and correct details enable us to make quick contact in case of emergencies and help keep our families and community up to date and informed on what is happening at Gilmore.

Thank you for your attention in this matter

CHANGE OF DETAILS

Student Name: _____

Parent Name: _____

Email: _____

Home Phone: _____

Mobile Phone: _____

Address: _____

Contact 1:

Name: _____

Phone: _____

Contact 2:

Name: _____

Phone: _____

Signed: _____ Date: _____

Dear Gilmore Parents and Carers

You are cordially invited to join us for an afternoon of celebration on Wednesday 24 September 2014.

From 2:00 pm the Dame Mary Gilmore assembly will be taking place in May Gibbs. This is an opportunity to share the writing achievements of all of our students from Kindergarten to Year 6.

From 3:00 to 4:30 pm all classrooms will be open for parents and family members to come and share the learning that has taken place across the term.

Look forward to seeing you there!

Gilmore Primary Staff