



# GILMORE PRIMARY SCHOOL

## Canteen Menu

### 2018

Opening Hours – Wednesday, Thursday and Friday – Recess and Lunch

#### Hot Foods

Macaroni Cheese Pasta.....	\$4.50
Spaghetti Bolognaise.....	\$4.50
Chicken & Veg Noodle Cup .....	\$2.50
(Lunch Order ONLY)	
Hot Chicken Wrap .....	\$4.50
(includes salad & 3 Chicken Sticks)	
Chicken Dinos.....	3 for \$2.20
.....	6 for \$4.40
Chicken Sticks (Goujons) or Dinos.....	.80
Chicken Burger .....	\$4.50
Beef Burger .....	\$4.50
Pie (Good Eating) .....	4.00
Sausage Roll (Good Eating) .....	\$4.00
Hash Browns .....	.80

#### Meal Deals

Add \$2.00 – includes juice and a snack  
Add \$2.60 – includes milk and a snack

#### Sandwiches/Wraps

Wholemeal bread is used mostly. Toasted extra 20c.

Ham, Cheese & Salad .....	\$4.50
(lettuce, tomato, carrot & cucumber)	
Ham, Cheese & Tomato .....	\$4.00
Cheese & Salad.....	\$3.50
(lettuce, tomato, carrot & cucumber)	
Cheese & Tomato.....	\$3.00
Cheese.....	\$2.80
Vegemite, Honey or Jam .....	\$2.00

#### Other

Sauce - Tomato or BBQ.....	.30
Mayonnaise.....	.30
Brown lunch bags.....	.10

#### Snacks

Fruit or Veg Skewers.....	\$1.00
Muffins.....	.80
Anzac Biscuits.....	.50
Chocolate Brownie.....	.60
Popcorn (plain) .....	.60
Pikelet .....	.30
Cheesy Toast (1/2 slice Recess ONLY).....	.50

#### Frozen Treats

Bulla Frozen Yoghurts .....	\$2.00
(Strawberry or Mango)	
Quelch Fruity Ice Tubes .....	.70
Frozen Milk Cup .....	\$1.00
(Strawberry or Chocolate)	

#### Hot Drinks

Milo in a Cup.....	\$1.00
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#### Drinks

Plain Milk .....	\$1.60
Moove Milk.....	\$2.00
(Strawberry or Chocolate)	
Bottled Water .....	\$1.00
Fruit Box OJ/ABC/Tropical .....	\$1.50
Milo Shake .....	\$1.80
(Carton of Milk with Bag of Milo)	

Green Text – Australian Guide to Healthy Eating.

All food is available in Lunch Orders.

There will be some hot food and most of the snacks available at Recess.

# GILMORE PRIMARY SCHOOL CANTEEN 2018

## Canteen Policy

### What we do and why we do it

The canteen is run at a non-profit service for the well-being of the school by the P&C Association. The P&C employ a manager who is responsible for the day to day operation of the canteen, guided and assisted by the P&C.

The canteen provides nutritious and appealing food at an affordable price. We aim to keep our menu as Green as possible to provide a healthy school recess and lunch for the enjoyment of the children and assist busy families.

### Food Allergies

The canteen is **NUT** free due to severe allergies of some students.

If your child has an allergy and is ordering from the canteen, please ensure you note it on outside of bag.

### Volunteering

Volunteers are very welcome to come and help.

The canteen is a friendly environment and a great way to meet other parents.

Please come and see me, call or message.

### Canteen Manager

Jana Cunanan

**Phone:** 0417 286 623

## Orders

Please write your child's:

- Full Name
- Class
- Order

On an envelope or paper bag with the required money enclosed. Students will place these in the lunch order box in front office.

Occasionally we will run out of stock, if this does happen or an item in the order is incorrect please encourage your child to come and see the Canteen Manager. We will try our best to solve the problem.

If you have any questions regarding the canteen operation or menu please come and visit the canteen.

### Children's Birthdays

If you would like cupcakes for your child's class to celebrate their birthday, the canteen can make 25 vanilla, iced cupcakes for \$20.00.

To order just call or send a note in with:

- Child's name
- Date cupcakes are needed
- Money
- Number required
- Contact name & phone number

PLEASE give as much notice as possible.