



# Gilmore Canteen Menu

NEW



Opening hours – Wednesday, Thursday and Friday – Recess and Lunch.

Canteen Manager: Jana Cunanan 0417 286 623

## Sandwiches/Wraps

Wholemeal bread is used mostly. Toasted extra 50c

Cheese with Salad	\$4.50
Cheese & Tomato	\$3.00
Cheese	\$2.80
Ham, Cheese & Tomato	\$4.00
Salad - (lettuce, tomato, carrot, cucumber and cheese)	\$3.80

## Hot Foods

Hot Chicken Wrap	\$5.20
(Includes salad & chicken pattie)	
Chicken Burger	\$5.00
Pie	\$4.00
Sausage Roll (good eating)	\$4.00
Spaghetti Bolognaise	\$4.80
Macaroni and Cheese Pasta	\$4.60
Hash Browns	.80c
Chicken Dino's 3 for	\$2.20
6 for	\$4.40

## Frozen Treats

Bulla Frozen Yoghurts	\$2.00
(Strawberry or Mango)	
Quelch Fruity Ice Tubes	.70c
Frozen OJ/ ABC Juice	\$1.00
Frozen Milk Cup	
(Strawberry, Chocolate, & Milo)	\$1.00

## Snacks

Slice of Watermelon	.20c – .30c
Fruit Skewers	\$1.00
Orange Lollypop Stick	.20c – .30c
Chocolate Brownie	.80c
Anzac	.60c
Pikelet	.30c
Cheesy Toast (half slice)	.50c
Apple Slinky	\$1.00

## Drinks

Plain Milk	\$1.80
Moove Milk	
(Strawberry or Chocolate)	\$2.00
Bottled Water	\$1.00
Fruit Box OJ/ABC/Trop	\$1.50
Milo Shake (HiLow)	\$2.00
(Carton of Milk with Bag of Milo)	
Hot Milo in Cup (Winter)	\$1.00

## Other

Sauce - Tomato or BBQ	.30c
Brown Lunch Bags	.10c

Green Text- Australian Guide to Healthy Eating. **GREEN FOODS.**  
All food available in lunch orders.  
Recess there will be some hot food and most of the snacks.



# Gilmore Primary Canteen 2019

## **Canteen Policy: What we do and why we do it.**

The canteen is run at a non - profit service for the well-being of the school by the P&C Association. The P&C employ a manager who is responsible for the day to day operation of the canteen, guided and assisted by the P&C.

The canteen provides nutritious and appealing food at an affordable price. We aim to keep our menu as Green as possible to provide a healthy school recess and lunch for the enjoyment of the children and assist busy families.

## **Food Allergies.**

The canteen is **NUT** free due to severe allergies of some students.

If your child has an allergy and is ordering from the canteen, please ensure you note it on outside of bag.

## **Volunteering.**

Volunteers are very welcome to come and help.

The canteen is a friendly environment and a great way to meet other parents.

Please come and see me, call or message.

**Canteen Manager** – Jana Cunanan

**Mobile** – 0417 286 623

## **Orders.**

Please write your child's:

- Full Name
- Class
- Order

On an envelope or paper bag with the required money enclosed. Students will place these in the lunch order box in front office.

Occasionally we will run out of stock, if this does happen or an item in the order is incorrect please encourage your child to come and see the canteen manager. We will try our best to solve the problem

If you have any questions regarding the canteen operation or menu please come and visit the canteen.

## **Children's Birthdays.**

If you would like cupcakes for your child's class to celebrate their birthday, the canteen can make 24 vanilla, iced cupcakes for \$25.00.

To order just call or send a note in with

- Childs name
- Date cupcakes are needed
- Money
- Contact name & phone number

PLEASE give as much notice as possible.